

## **Workshop on Compatibility of Family and Career**

### **Happiness with Kid(s) and Career**

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#### **Workshop Content:**

Are you puzzling over the idea whether, and how to reconcile your child (children) and career prospectively? In this 8 h workshop, Prof. Dr. Eleonore Soei-Winkels will show you typical parental models ranging from full-time to weeknights and weekends with corresponding time for a career. For each model, potential pros and cons on the short, middle and long-term for your child (children), partnership and career will be neutrally addressed. You will understand scientifically grounded and hands-on examples of important psychological and economical influencers (socialization, emotions, resources and thought patterns).

You'll get a poster to capture your new insights during the various activity sessions after each impulse, which additionally can be used as an orientation for prospective decisions.

If desired, she would be happy to discuss your individual concerns, insights or questions concerning this topic and to share her experiences.